



Intern Experience

How has TD SYNnex
transformed the 2026 interns?

Intern Experience

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This internship impacted me not only professionally, but personally as well. It gave me the **confidence** to step out of my comfort zone, introduce myself, & speak up with assurance. I don't plan to stop here—this is just the beginning of a **long journey of growth & development**.

YOUHANNA SHENOUDA | CLEARWATER FL | AI PIONEER



Intern Experience

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Relationships are incredibly valuable. Actions like **greeting others with a smile demonstrates initiative & helps build strong connections**. I have also learned that you do not have to have knowledge of everything right away; what matters most is **being willing to ask questions**.

ERICA WOODS | GREENVILLE SC |
COMMUNICATIONS & MARKETING



Intern Experience

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I have been exposed to the **global reach & presence of TD SYNnex**, broadening my network. I am getting the opportunity to speak with people all around the world, all working towards a shared goal. These connections are all very impactful & have **contributed to my newfound outlook in my career.**

JOSE CONTRERAS-PEREZ | CLEARWATER FL | DART



Intern Experience

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I have learned the importance of being a ‘people person’. I have developed my **professional communication skills**. Often my knowledge is nowhere near enough to complete the tasks assigned to me, and reaching out to others within or outside of the team I work in is something that I was initially apprehensive of, but I have **become more comfortable and open to doing so**.

ABHINAV VUPPALA | GILBERT AZ |
DATA ENGINEERING INNOVATION



Intern Experience

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One of the biggest ways I have grown at TD SYNnex is learning how to bridge the gap between business needs & technology. Working on AI and automation initiatives taught me how to turn complex problems into practical solutions while collaborating with stakeholders around the world, giving me confidence in both my technical and professional abilities.

AUGUSTINE PEREZ | SAN ANTONIO TX | AI PIONEER



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I have learned a lot about the **concepts of business**. I have found myself understanding the different aspects and moving parts that need to run smoothly for a business to prosper and grow like TD SYNnex does. I have done this through **meaningful connections with coworkers, leadership, and fellow interns**.

CARSAN CABRAL-DOWNES | CLEARWATER FL |
RISK MANAGEMENT AND INSURANCE

